

Registration Form

Registration forms must be received by 02/23/2012

Name: _____

Address: _____

City: _____

State/Zip Code: _____

Telephone: _____

E-mail: _____

Referred By: _____

Child-Based Activities 9:00 am to 12:00 pm

For children 6 weeks to 12 years.

Space is limited – reserve early to insure placement.

First & Last Name: _____ Age: _____

List any special needs for the children listed above:

Would you like to sponsor a parent? Please add an additional \$5. Thank you!

To complete your registration, fill in your workshop selections on the reverse and mail along with your payment to the address below. *

Make checks payable to **THCF**
Add: **Parents University** in the memo line.

Mail this form and payment to:
Parents University c/o CAPA
503 E. 23rd Street
Independence, MO 64055

*Walk-in registrations will be accepted on a first come first serve basis however childcare may be full.
Please bring this form with you.

Do you find parenting to be the most rewarding, yet challenging job you have ever had?

If you answered yes, then Parents University was created with you in mind!

For \$5 per adult/teen you may attend up to 3 workshops of your choice. The workshop descriptions and your registration form are on the reverse side.

You may also enjoy a complimentary pancake breakfast by Chris Cakes and then visit our showcase which features local organizations with valuable resources for parents and caregivers.

Parents University is fun for kids too! A variety of activities have been planned for children 6 weeks to 12 years of age. Activities are supervised by our child-care specialists and volunteers. Space is limited and early registration is recommended.

Schedule

8:00 am - 8:45 am

Packet Pickup
Registration
Breakfast
Showcase

9:00 am – 9:50 am

Session One

10:00 am - 10:50 am

Session Two

11:00 am - 11:50 pm

Session Three

For more information,
Call 816-252-8388 ext. 0 or visit:
www.coalition4childsafety.org



Workshops & Resources for Parents and Caregivers

Saturday, March 3, 2012

8:00 am to 12:00 pm

Pioneer Ridge Middle School
1656 S. Speck Rd.
Independence, MO 64057

\$5.00 per adult*

***Teens welcome too!**

Presented by:
Coalition for Child Safety
& Partners
www.coalition4childsafety.org



Workshop Descriptions

Are You Ready to Buy: Intro to Home Buying Process

John Tramel

Understand the process it takes and the tools needed to make good decisions from beginning to closing so you will be prepared.

BYOB-Bring Your Own Baby (Ages birth to 2 years)

Sarah Ehlers

Learn activities that promote bonding between you and your child and support healthy emotional, social, and cognitive development.

Computer Cop

Dep. Randy Ethington

Learn about this monitoring device that will alert you of anyone who is contacting your child while they are online.

Cooking with Fox 4's Lisa Farmer

Lisa Farmer

Learn how to make dinner the quick and easy way with TV personality and cooking guru Lisa Farmer.

The Empowered Parent: Effective Techniques to Improve Your Child's Emotional-Behavioral Health

Debbi, Shelly and Sherry Leialoha

The goal of this workshop is to foster a greater understanding of parental strategies that can be used to manage and monitor children's behaviors.

Fun & Inexpensive Learning Activities for Infants & Toddlers

Kristina Brown

Infants and toddlers need opportunities to learn through all of their senses. Come and learn fun and inexpensive ways to make learning exciting.

How to Raise a Money-Smart Child

Jon Klassen

This seminar is a great way to learn some tools and techniques for talking to children about money.

How to Take a Time Out-Part 2

Lori Steffen

Role playing managing YOURSELF in typical challenging parenting situations (with children of different ages).

Internet Safety for Parents

Sage Arnote

We will focus on ways parents can be more aware of what their child is surfing and discuss action steps one can take to keep students safe from online predators and cyber bullies.

Keeping Kids Calm: Mindfulness and Relaxation Skills

Valorie Owings

You will learn how to teach kids breathing and meditative exercises to use when they are angry or upset.

Parenting the Difficult Child

Jill Weiterman

This workshop provides education and parenting techniques for understanding and addressing a child with behavior problems.

Personal Finance...Back to Basics

Becky Gripp

This "back to basics" approach can help you re-evaluate where you are and how to get where you would like to be.

Planning for College

Samantha Johnson

Learn how to pick the right college for you; apply to college; apply for financial aid / scholarships; navigate a college campus and conquer fear, anxiety and concerns.

So, Your Teenager Wants to Drop Out

Deb Briggs

Learn about your options if your teen tells you they want to drop out. Learn factual information about passing the GED; job placement tests and other education services available.

Time Out for the Future-Part 3

Lori Steffen

Action Planning to Improve our Time Out Taking Abilities and an Open Dialogue for Participants of Parts I and/or II

When YOU Need to Take a Time Out-Part 1

Lori Steffen

How you're taking a time out to Manage YOURSELF can help you accomplish your parenting goals

Workshop Selection

Select one workshop choice from each session.

Session One 9:00 am to 9:50 am

- Cooking with Fox 4
- The Empowered Parent
- Fun & Inexpensive Learning Activities for Infants & Toddlers
- Internet Safety for Parents
- So, Your Teenager Wants to Drop Out
- When You Need a Time Out

Session Two 10:00 am to 10:50 am

- Computer Cop
- Cooking with Fox 4
- Are You Ready to Buy: Intro to Home Buying Process
- How to Take a Time Out – Part 2
- Keeping Kids Calm
- Planning for College

Session Three 11:00 am to 11:50 pm

- BYOB – Bring Your Own Baby
- Computer Cop
- Cooking with Fox 4
- How to Raise a Money – Smart Child
- Parenting the Difficult Child
- Personal Finance...Back to Basics
- Time Out for the Future – Part 3



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